

# ANNA B. MENDIOLA

---

## PSYCHOTHERAPY – EMPLOYEE/ER ASSISTANCE PROVIDER

*Ivy League trained clinician and administrator in individual, couple and group psychotherapy modalities. Specializes in cognitive-behavioral therapy and employee assistance programming. Mastery knowledge and experience in family and organizational systems.*

### **EDUCATION**

**Columbia University- School of Clinical Social Work**

New York, NY

Masters in Clinical Social Work

Sub-specialty: Employment

**State University of New York at Binghamton**

New York, NY

Bachelor of Science in Accounting

### **LICENSES AND CERTIFICATIONS:**

Master of Social Work (LMSW), *New York State Board of Education*

Licensed Clinical Social Work (LCSW cand. 2007), *New York State Board of Education*

Employee Assistance Provider (CEAP cand. 2007), *The Employee Assistance Professionals Association*

### **PROFESSIONAL EXPERIENCE:**

**New York Presbyterian Hospital- Employee Assistance Program Consortium**

New York, NY

*Clinical Internship*

- Provided individual and couple short-term counseling and referral.
- Developed and facilitated time management and stress management workshops to hospital employees.
- Performed psychosocial assessment and diagnoses.
- Partnered with psychiatrist in medication management and psychoeducation.
- Handled critical cases in psychiatric emergency room.
- Populations served: depression and anxiety, substance abuse, domestic violence, and personality disorders.

**Jewish Home and Hospital Lifecare System**

New York, NY

**Day Care Center and Long Term Care**

*Clinical Internship*

- Worked with an interdisciplinary team for client-needs assessment and monitoring.
- Engaged in individual counseling with clients, focusing on concrete and mental health needs.
- Developed and facilitate educational and counseling group work to clients in relation to facility's culture change. Provided psycho educational counseling support to family.
- Developed advance directives to elderly clients. Performed psychosocial assessment and discharge planning.
- Expanded knowledge base on elderly care, ranging from mental health to organic diseases.

**Mt. Sinai School of Medicine and the Robert Wood Johnson Foundation**

New York, NY

The Center to Advance Palliative Care

*Research Consultant*

- Conducted research and developed online content for the CAPC website.
- Developed and conducted patient surveys, conference questionnaires, and data analyses for learning how to better assist the terminal population.

**RELATED EXPERIENCE:**

**American Express**

New York, NY

*Manager – Interactive Enterprise Development – Email Channel*

**LinkShare Corporation**

New York, NY

*Product Manager – B2B LinkShare Network, Product Development*

**Lehman Brothers**

New York, NY

*Operations Analyst – IBD Financial Controls*

**Freeport Properties, Inc.**

Philippines

*Business Development Manger - Marketing.*

**Citibank, N. A.**

Manila, Philippines

*Investments Product Manager – Marketing*