

Name *John Smith*Month *October*Year *2000*

ELEVATED

NORMAL

DEPRESSED

DAYS		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
Severe	Significant impairment Not able to work													X	X		X																	
																X													X					
Moderate	Significant impairment Able to work												X															X						
																														X				
Mild	Without significant impairment			X								X																						
														X																				
NORMAL																		X												X	X	X		
		X	X		X	X	X	X	X		X				X					X										X	X			
Mild	Without significant impairment	X	X	X	X	X				X						X	X		X						X	X			X			X		
						X						X	X											X	X	X	X	X						
Moderate	Significant impairment Able to work							X											X	X	X	X	X	X	X									
									X	X							X		X	X	X	X	X											
Severe	Significant impairment Not able to work									X												X												
											X	X											X											
Anxiety	0=None 1=Mild	0	0	1	0	0	0	0	0	1	2	2	3	1	1	1	1	0	1	2	2	2	2	2	2	1	1	2	1	1	0	0	0	
Irritability	2=Moderate 3=Severe	0	0	1	0	0	1	2	3	3	2	2	1	3	3	3	3	2	1	2	3	2	2	2	2	2	3	3	1	0	0	0		
Weight on day 28																																	87	
Hours slept		8	8	8	8	8	9	9	9	10	9	8	6	5	5	6	6	7	8	9	10	9	9	9	8	8	8	7	7	7	6	7	7	
Medication (name/mg)																																		
<i>Lithium</i> /300		3	3	3	3	3	3	3	3	3	3	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	5	5	5	5	4	
<i>Clonazepam</i> /0.5		1	1	1	1	1	1	1	1	1	1	1	3	3	3	3	2	1	1	1	1	1	1	1	1	1	1	2	2	2	2	1	1	

Perforation - detach along here

Perforation - detach along here

