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Utilizing Your Out-Of-Network Benefits

1. What is the name of the insurance company administrating the mental health benefits?

2. What percentage of outpatient, psychotherapy, in the office setting are reimbursed? (Also known as co-insurance, generally between 50%-90%). _____
3. Do you need an authorization number to ACTIVATE behavioral health benefits? _____
4. Do you need authorization on the following CPT codes?

90791 (initial consult)	Y / N	90834 (45 min session)	Y / N
90837 (extended session)	Y / N	90839 (crisis 60-min)	Y / N
90847 (family/couple)	Y / N	90853 (group)	Y / N

5. What fee schedule are the reimbursement paid under? Generally reasonable and customary at ___% or Medicare fee schedule ___%? _____
6. How many outpatient, psychotherapy sessions in the office setting are allowed in a calendar year?

7. What month/year does your deductible reset? _____
8. What are your deductibles? Individual \$ _____ Family \$ _____
9. Deductible accumulations? Individual \$ _____ Family \$ _____
10. What is the mailing address to send behavioral health claims:

11. Fax number to send claims to: _____
12. Electronic paper ID: _____